

## Virginia Area Spring Assembly 2021

Date of meeting: **May 15-16, 2021**

District name and number: **Alexandria District 18**

DR Name & email: **Gail K. gail.kropf@gmail.com**

**District 18** in Alexandria has

- 11 Active Groups and all are meeting Virtually. None are in-person or hybrid.
- One Group is not meeting
- Of the 11 Active Groups:
  - One is an Alateen Group (*Awesome Alateen*)
  - One is a Parents Group (*Parents AFG*)
  - One is a Spanish Speaking group (*Serenidad GFA*)
  - One is a Men's Group (*Alexandria Men's AFG*)
  - One is a Women's Group (*Del Ray Women's AFG*)
  - One Group meets twice weekly on Tues & Thurs. (*Old Town Noon AFG*)
  - The other 5 Groups are non-specific and meet on different days of the week & weekends.
  - All 11 Active Groups have a GR or at least a CMA
  - All are listed on the Northern Virginia Service Center Website with a contact person/email/phone.

**Gail K.** stepped in as the **DR** in October 2020 and has taken these past several months to get oriented to this vibrant District by visiting most of the on-going meetings and holding District Meetings every other month since October 2020.

Our District has a **Treasurer (Laura R.)** who manages our account. At this time our funds are stable with enough available (when the COVID restrictions begin to ease) that we will be able, to again, sponsor Alateens to attend conferences and to hold a workshop if planned.

Our **Outreach Coordinator (Beth Ann G.)** has been available with ideas to spread the word but due to COVID we have not done a great deal in this area. We have distributed about 50 copies of "Al-Anon faces Alcoholism" to our private MD, DDS and other offices as we are permitted. Hopefully this will open-up soon, and we will have more areas to serve with the booklets.

Although we don't yet have a designated **Secretary**, one of the GR's takes notes at the meeting to pass on to the DR for distribution to all the GRs/CMAs.

### Successes:

- The Groups report that they have had an increase in meeting attendance because with Zoom they can attract folks from other states and folks who have moved away.
- We supported the Virtual Gratitude Luncheon last Fall.
- We have financially supported the NVSC, AFG & VA Area

### Challenges:

- Reaching out to Alateens during this time has been a struggle as they are schooling on zoom and find it difficult to then come to a zoom Alateen meeting.

- As the COVID restrictions ease up, each group will hold a “group conscience” meeting to decide how to meet (virtual, hybrid, in-person) in order to meet the needs of the majority. More discussion to come.

**Goals:**

- District 18 has not hosted a workshop this year but hopes to in the Fall, thru zoom or in person depending on the COVID safety requirements.
- Encourage members to fill the **Secretary Role** for the District
- Encourage members to attend the Spring Assembly Meeting.

Submitted by: Gail K. DR/18

5/3/21